

DISCUSSION QUESTIONS

Segment 1: I Was Bored, Too

What do you hope to get out of this program on the Mass?

Were you surprised to hear the author and presenter of a program on the Mass tell you how bored he was at Mass as a kid?

Most of us have been bored at Mass. Why do you think that is?

Why does God desire our sacrifice? What does sacrifice teach us?

Segment 2: I Will Follow

Did it surprise you to discover that the two men are priests? What do you think of them?

Do you tend to see priests as normal men with the same struggles as everyone else, or do you see them as different somehow?

Why was Fr. Josh surprised to hear God say, "I love you," when he asked him what he wanted him to do? Do you think you need to "earn" God's love?

Fr. Mike talks about the importance of a priest acting as a father to his people. How is the priest's role as a spiritual father similar to that of a "regular" father?

Segment 3: The Power of the Priesthood

Why is the Catholic priesthood unique?

What does the phrase *in persona Christi* mean to a priest's daily ministry? Have you ever thought of the priest as "another Christ"?

Has your view of the priesthood changed at all as a result of this presentation?

DISCUSSION QUESTIONS

Segment 1: The Incarnation

Jesus was the only founder of a major world religion to claim to be God. What does that mean to you?

God became man in the Incarnation. The Second Person of the Trinity willingly came down from heaven to become "one of us" in everything but sin. What do you think this says about God?

In the video, Mark Hart says, "God came to show us what Love is." Discuss what you think he means.

Have you ever sacrificed something special for another person or had someone sacrifice something for you? How did this impact your relationship with him or her?

Segment 2: A Father Who Loves Us

You heard that some young people around the world are willing to risk their lives to go to Mass. What does that tell you about the value they place on their faith?

The rules your parents have in place flow from their love for you. What about God's rules or commandments? What do you think a society without rules would look like?

Chris says that if God is at the center of our lives, everything else will fall into its proper place. Have you made something else (e.g., sports, music, friends, the Internet) the center of your life rather than God?

Segment 3: Priorities

What is the craziest thing you have ever done for something you valued? Was it worth it?

How can we hear God if we are always plugged into some type of media? Do you ever take time to turn off the "noise" and enjoy the silence?

Do you value your time with God, even above other things? If not, how would your life change if you did?

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Segment 1: Lean In

What does Mark mean when he says Mass is "a collision of heaven and earth"?

Though we play a part in the Mass, it is more about what God is doing for us. Have you ever thought about the Mass as something God is doing rather than something we are doing?

Segment 2: The Greatest Gift

This program is called *Altaration*. What does Fr. Mike say that gives some idea of why this title was chosen?

Do you see Mass as an amazing, mysterious event or as just another Sunday "worship service," similar to those your non-Catholic friends may attend?

Do you take a few moments after receiving Communion to thank Jesus for what he has just given you—his very Body and Blood? Will you do that from now on?

Segment 3: What If?

Were you surprised to learn that Mark had some of the same struggles many of you have? Have you ever had similar struggles?

During his confirmation retreat, Mark asked the question that changed his life: "What if?" Why do you think asking this question had such a profound impact on him?

If you really receive the Body and Blood of Christ in the Eucharist, what does that mean for how you should live your life?

FIND IT

What are the only Greek words used in the Mass? What do they mean?

DISCUSSION QUESTIONS

Segment 1: I Do

Have you ever thought about yourself as a "bride of Christ"? Probably not. But does it make sense that if Jesus is the divine Groom and the Church is his bride, then we, as members of the Church, are united to him?

When you walk down the aisle to receive the Eucharist, you are on your way to become one with God. How will this new understanding impact the way you approach the altar?

Segment 2: Sent Forth

Chris points out that the word "Mass" comes from the Latin phrase *Ite, missa est*. What does this phrase literally mean? What does it mean to you? Have you ever thought about how the week actually begins with Sunday Mass, where we are sent out into the world to bring Christ's love?

How do you think St. John Paul II was able to forgive the man who shot him? Have you ever given or received such profound forgiveness?

Blessed Frassati said, "God comes to visit me every day in the Eucharist. I return the favor by visiting the poor." Do you see the face of God in those in need?

Where did Blessed Teresa of Calcutta (Mother Teresa) get the strength to work under such difficult conditions? Do you turn to God during challenging times?

Have you ever thought about your home or your school as a "mission field," where you are called to bring the love of God to those that need it? How could you do this?

Segment 3: Will You Let Him?

What does Mark mean when he says that we are all "called to be saints"? Have you ever thought of yourself as a "saint in the making"? Why, or why not?

In Mark's words, "The power to change the world flows off of the altar." What does this mean? How might it change the way you approach Mass?

Do you see the Church as a solid foundation that is immovable? Are Christ and the Church your foundation? If not, what is?
